

UME CIDADE DE SANTOS

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ANO: 9ºANO - LÍNGUA INGLESA

PROFESSORA:ELIANE SANTOS MARQUES

PERÍODO DE 04 A 18/05/2021

HEALTH - READ THE TEXT BELOW:



HEALTH IS A STATE OF COMPLETE PHYSICAL, MENTAL, AND SOCIAL WELL-BEING AND NOT MERELY THE ABSENCE OF DISEASE OR INFIRMITY, ACCORDING TO THE WORLD HEALTH ORGANIZATION (WHO). PHYSICAL IS ABOUT THE BODY. MENTAL IS ABOUT HOW PEOPLE

THINK AND FEEL. SOCIAL TALKS ABOUT HOW PEOPLE LIVE WITH OTHER PEOPLE. IT IS ABOUT FAMILY, WORK, SCHOOL, AND FRIENDS. PHYSICAL HEALTH REFERS TO GOOD BODY HEALTH, AND IS THE RESULT OF REGULAR EXERCISE, PROPER DIET AND NUTRITION, AND PROPER REST FOR PHYSICAL RECOVERY.



A GOOD WAY OF KNOWING IF A GROUP OF PEOPLE IS HEALTHY IS THEIR WEIGHT, WHICH GENERALLY INCREASES WITH BETTER NUTRITION. MENTAL HEALTH REFERS TO A PERSON'S EMOTIONAL AND PSYCHOLOGICAL WELL-BEING.

A STATE OF EMOTIONAL AND PSYCHOLOGICAL WELL-BEING IN

WHICH AN INDIVIDUAL IS ABLE TO USE HIS OR HER THINKING AND EMOTIONAL (FEELING) ABILITIES, FUNCTION IN SOCIETY, AND MEET THE ORDINARY DEMANDS OF EVERYDAY LIFE.

1-ANSWER THE QUESTION:

WHAT IS THE DEFINITION OF HEALTH?

2- MARK TRUE OR FALSE:

A.() A GOOD WAY OF KNOWING IF A GROUP OF PEOPLE IS HEALTHY IS THEIR WEIGHT.

B.() PHYSICAL HEALTH REFERS TO A PERSON'S EMOTIONAL AND PSYCHOLOGICAL WELL-BEING.

C.() PHYSICAL HEALTH IS THE RESULT OF REGULAR EXERCISE, PROPER DIET AND NUTRITION, AND PROPER REST FOR PHYSICAL RECOVERY.

D.() MENTAL HEALTH IS THE EMOTIONAL HEALTH.

O MODAL VERB: "CAN"

COMO TODOS OS VERBOS MODAIS, CAN POSSUI APENAS UMA ESTRUTURA.

VEJA:

I **CAN** PLAY VERY WELL.

YOU **CAN** PLAY VERY WELL.

HE **CAN** PLAY VERY WELL.

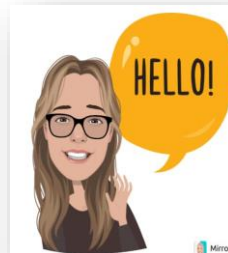
SHE **CAN** PLAY VERY WELL.

IT **CAN** PLAY VERY WELL.

WE **CAN** PLAY VERY WELL.

YOU **CAN** PLAY VERY WELL.

THEY **CAN** PLAY VERY WELL.



PODEMOS USAR O CAN PARA EXPRESSARMOS:

- **HABILIDADE**

COISAS QUE ALGUÉM OU ALGO CONSEGUE FAZER.

REPARE QUE O SIGNIFICADO DELE NÃO SE LIMITA APENAS NA PALAVRA **PODER**:

I CAN SPEAK ENGLISH. - EU POSSO FALAR INGLÊS.

WE CAN DO THAT. - NÓS CONSEGUIMOS FAZER ISSO.

I CAN RIDE A BIKE.- EU SEI ANDAR DE BICICLETA.

- **PEDIR OU DAR PERMISSÃO**

CAN I ASK YOU A QUESTION? EU POSSO TE FAZER UMA PERGUNTA?

YOU CAN GO NOW IF YOU WANT TO. VOCÊ PODE IR AGORA SE QUIZER.

- **PEDIR PARA ALGUÉM FAZER ALGO**

CAN YOU HELP HERE FOR A WHILE? VOCÊ PODE ME AJUDAR AQUI RAPIDINHO?

CAN YOU COME HERE? VOCÊ PODE VIR AQUI?

- **OFERECENDO-SE PARA FAZER ALGO**

CAN I HELP YOU? POSSO TE AJUDAR?

CAN I OPEN THE DOOR TO YOU? POSSO ABRIR A PORTA PARA VOCÊ?

PARA FORMAR SENTENÇAS NEGATIVAS USE CANNOT (CAN+NOT) OU CAN' T:

YOU **CAN' T** OPEN THE DOOR.

PARA FORMAR A INTERROGATIVA COLOQUE O MODAL VERB ANTES DO SUJEITO:

CAN I OPEN THE DOOR?



ANSWER THE QUESTIONS BELOW:

EXAMPLE:

HOW MANY LANGUAGES CAN YOU SPEAK? / QUANTAS
LÍNGUAS VOCÊ PODE FALAR?

I CAN SPEAK PORTUGUESE AND ENGLISH. / EU POSSO
FALAR PORTUGUÊS E INGLÊS.

- 1) WHAT SONGS CAN YOU SING?
- 2) WHAT CAN YOU DO TO MAKE YOURSELF FEEL HAPPY?
- 3) WHAT KINDS OF FOOD CAN YOU COOK?
- 4) CAN YOU SAY "HELLO" IN OTHERS LANGUAGES?