

PREFEITURA DE SANTOS Secretaria de Educação



UME: Mário de Almeida Alcântara 8°Ano A,B,C **Língua Inglesa** Prof.ª Giscarla Meira de Souza Período de 01/03/2021 a 15/03/2021

1. Read the dialogue:

Pat : Hi, Chris. How are you?

Chris : Well, I'm feeling a bit depressed.

Pat : Why?

Chris : I looked at myself in the mirror and I think I'm too fat. The problem is that

can't lose weight. I'm always hungry.

Pat : Really? How much weight do you need to lose?

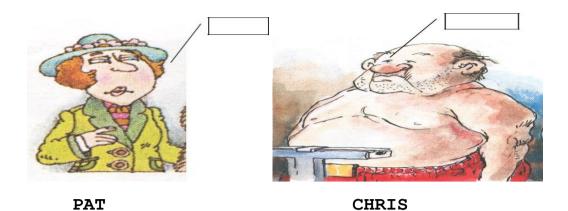
Chris : About twenty kilos.

Pat : Well, that's too much. Why don't you work
out?

Chris : I am too lazy for that and I hate exercising.

Pat : So, go on a diet! It's the only thing you can do!

Chris : Yes, I think you're right.



2. What Does Chris have to do to lose weight?

3. Thinking of the quarantine days and about what we are eating that make us to get weight, create a recipe of a chocolate cake.

