

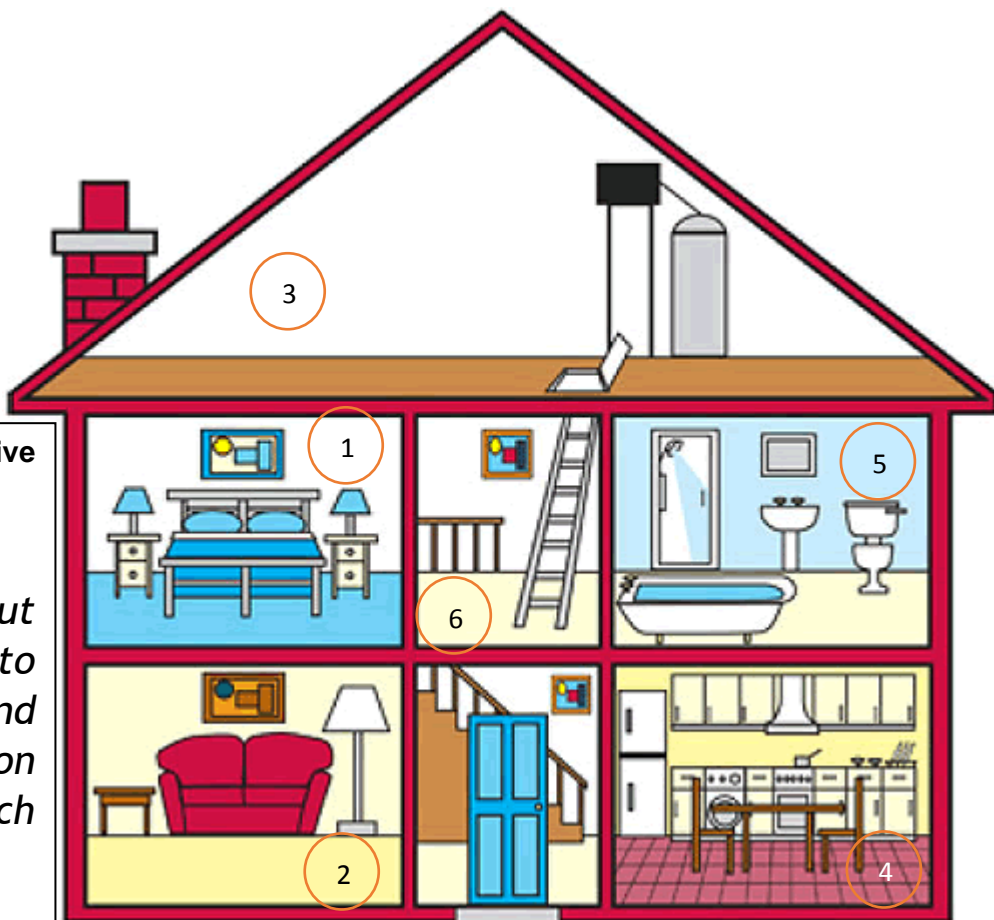


Inglês - Termo 2 - Ciclo II

ATIVIDADE 1 – Nossa casa costuma ser o lugar de que mais gostamos quando estamos cansados, quando queremos estar com a nossa família e amigos, quando precisamos relaxar. Vamos praticar o vocabulário aprendido sobre as partes de nossa casa? Relacione os números às palavras abaixo:

bathroom attic bedroom hallway living room kitchen bedroom

- (1) _____
- (2) _____
- (3) _____
- (4) _____
- (5) _____
- (6) _____



Leia o texto de Patricia que vive nessa casa:

My house is very small but very comfortable. I love to receive my friends there and we always get together on Saturdays. We like to watch movies and play cards.

Agora, responda às questões sobre Patricia:

1) A casa de Patricia é:
 grande pequena muito pequena nada confortável.

2) O que Patricia gosta de fazer em casa? Escolha a figura que responde à pergunta:



ATIVIDADE 2 - Laura está economizando dinheiro para comprar seu apartamento. Leia o texto sobre o como ela deseja que seja esse apartamento:

My name's Laura, I'm thirty years old, I'm a biologist and I am saving money to buy my apartment. I am a single and do not have much furniture. I also do not have too much money. I need a bedroom, a small kitchen, a living room and a bathroom.

Assinale o apartamento adequado para Laura comprar a partir de suas necessidades:



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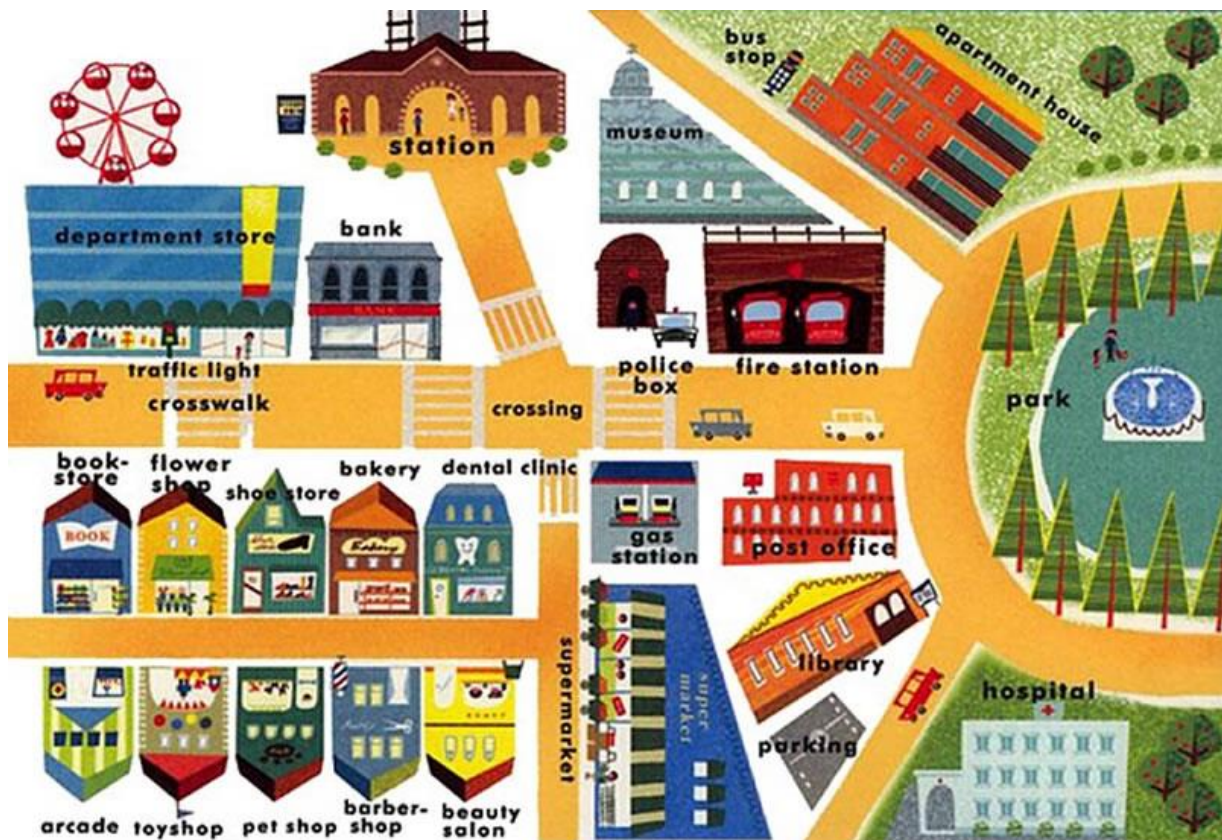
Resposta:

Qual a profissão de Laura? _____

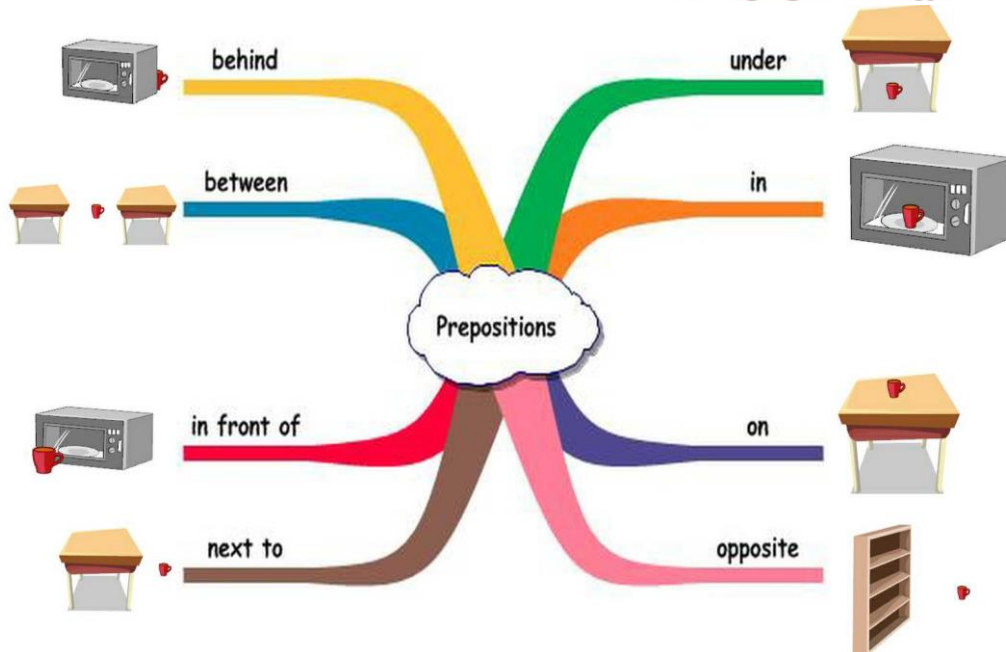
Qual a sua idade? _____

Laura tem muitos móveis para levar para o novo apartamento? _____

ATIVIDADE 3 - É muito importante que possamos nos localizar em uma cidade, principalmente quando precisamos chegar a algum lugar e não conhecemos muito bem o local. Veja, abaixo, os tipos de edifícios e locais que temos em uma cidade e as preposições que usamos para falar de localização.



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Complete the sentences about the location os buildings:

- 1) The barber-shop is _____ the pet shop and the beauty salon.
- 2) The toyshop is _____ the flower shop.
- 3) The bank is _____ the station.
- 4) The bus stop is _____ the apartment shop.
- 5) The museum is _____ the fire station.
- 6) The fountain is _____ the park.
- 7) The cars are _____ the street.

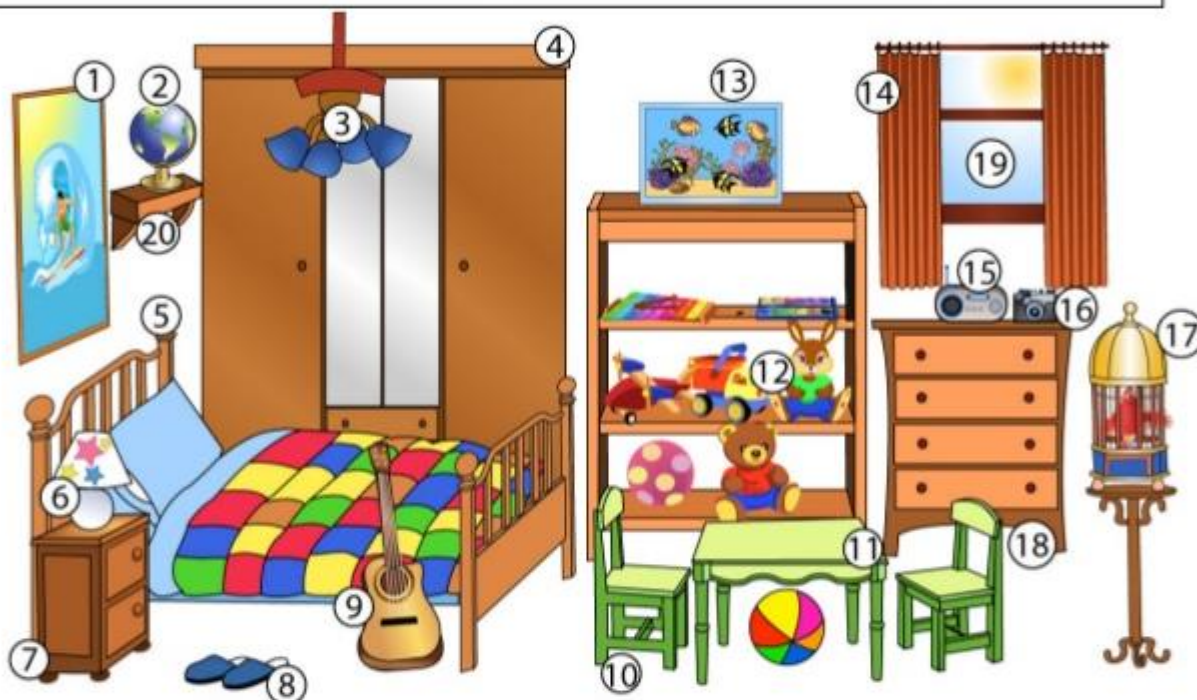
ATIVIDADE 4 - Agora podemos falar da localização de nossas coisas dentro de casa. Observe o quarto abaixo e faça os exercícios:

House - Bedroom

© www.kids-pages.com

I. Write the correct number next to the words:

chandelier _____	wardrobe _____	bedside _____	toys _____	poster _____
bed _____	lamp _____	curtains _____	slippers _____	parrot _____
table _____	chair _____	window _____	radio _____	aquarium _____
shelf _____	drawers _____	guitar _____	camera _____	globe _____



II. Complete the following sentences using these prepositions: in, on, behind, next to, above, between, under, in front of:

1. There is a chandelier.....the bed.
2. The slippers are.....the bed.
3. The ball is.....the table.
4. There is a parrot.....the cage.
5. The lamp is.....the bedside.
6. The poster is.....the bed.
7. The aquarium is.....the shelves.
8. The chairs are.....the table.
9. There is a wardrobe.....the bed.
10. There are toys.....the shelves.
11. There is a camera.....the radio.
12. The table is.....the chairs.

III. Answer the questions:

1. Is there a window in the room?

2. Are there any chairs next to the table?

3. Is there a guitar on the bed?

4. Are there any toys on the shelves?

5. Are there any slippers in front of the bed?

6. Is there a parrot in the room?

Liste, em inglês, os móveis e objetos que você tem no seu quarto:

ATIVIDADE 5 - Estar em um local como um quarto pode ser uma experiência de prazer ou o contrário. Observe o quadro de Van Gogh (Quarto em Arles, 1888) e complete as sentenças sobre o que você consegue ver nele, usando as palavras no retângulo abaixo:

next to between on above



Disponível em: https://santhatela.com.br/vincent-van-gogh/van-gogh-quarto-em-arles/?attribute_pa_tamanho=plus&qclid=EA1aIQobChMli6CHseXn5QIVFICRCh2S1wAUEAYYAABEgKEkFD_BwE. Acesso em 13/11/2019.

- a) The pictures are _____ the wall.
- b) The window is _____ the mirror.
- c) The chair is _____ the bed and the bedside table.
- d) The pillows are _____ the bed.
- e) The hat is _____ the bed.

Escolha algumas palavras da lista abaixo que sintetizam como você se sente olhando o quadro acima de Van Gogh ou escreva outra palavra se não estiver na lista:

() calm () nervous () happy () sad () relaxed () _____

Abaixo há um pensamento sobre o que é saúde. Você concorda com ele? Justifique sua resposta.

HEALTH

IS ABOUT MORE _____

THAN WHAT _____

YOU'RE EATING. _____

IT'S WHAT YOUR _____

THINKING. _____

SAYING, AND BELIEVING.

ATIVIDADE 6 - Além de curtirmos a nossa casa, é importante que possamos fazer atividades ao ar livre ou que ajudem a promover nosso bem-estar físico e mental. Faça a cruzadinha abaixo com diferentes atividades de lazer usando as palavras no retângulo abaixo:

iceskate table tennis dance do judo climb rocks rollerskate paint surf play chess run
 draw tennis rugby cook jump fish ski ride a bike garden play the piano climb a tree
 swim sing

FREE TIME ACTIVITIES

FIND THE WORDS AND THE END OF THE MYSTERY MESSAGE : I'm a champion ' cause I can swim ,.....

The crossword puzzle grid consists of 23 numbered starting points for words. The grid is surrounded by 23 colorful illustrations of various leisure activities. The words to be found are: 1. iceskate, 2. table tennis, 3. rollerskate, 4. paint, 5. surf, 6. play chess, 7. run, 8. tennis, 9. play the piano, 10. rollerskate, 11. climb a tree, 12. play chess, 13. table tennis, 14. climb a tree, 15. climb a tree, 16. climb a tree, 17. climb a tree, 18. rollerskate, 19. climb a tree, 20. cook, 21. run, 22. table tennis, 23. surf.

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Ainda continuando com as atividades de lazer, observe as explicações sobre o uso do vocabulário de atividades e o uso dos verbos play, go e do e faça os exercícios:

Free-time activities (hobbies and sports)

1) Label the pictures with eight words from the box.

surfing the Net / ice skating / video games / jogging / taking photos / reading books / football / dancing / watching films / swimming / listening to music / athletics / drama / board games / basketball / cycling / rollerblading / ice hockey / gymnastics / drawing / fashion / skateboarding /



1 _____

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

2) Complete the sentences with the suitable words, two words are extra.

fashion / swimming / reading books / watching films / listening to music / volleyball / surfing the Net / board games / go bowling / jogging

- Ann's really into _____. She goes to the cinema every weekend.
- I like _____. My favourite writer is Joanne Rowling.
- Ted's keen on _____. He plays for the school team.
- Sarah likes _____. Her favourite singer is Adele.
- John is not very keen on _____. _____ pay any attention to new trends in clothes.
- Dave's really interested in _____. He likes looking at movie websites.
- I quite like _____ - especially in the sea.
- Jack doesn't like playing _____. He prefers outdoor games such as football.

3) Write three true sentences about the activities in ex. 1 and 2. Use the underlined phrases from ex.2

- I _____ but I _____
- I _____ but I _____
- I _____ but I _____

With sports, we normally use:
Play- for team sports and ball sports.

I **play** basketball.

Go- for sports that end in -ing He **goes** swimming.

Do- for individual sports not ending in -ing and with combat sports even if they end in -ing **do** gymnastics, **do** karate, **do** boxing

4) Complete the sentences with **do, play or go**. Use the present simple tense.

- Peter _____ tennis three times a week.
- Sarah _____ gymnastics on Saturday evenings.
- Kate usually _____ rollerblading in the park.
- Peter doesn't _____ badminton with his friends.
- He doesn't _____ athletics at school.
- We often _____ jogging in the morning.



5) Underline the correct words.

- I don't **do/play** a musical instrument.
- Tom likes surfing **the computer/the Net**.
- Jane **does/plays** gymnastics.
- We go for a **film / a walk** on Sunday evenings.
- I'm keen on **watching / doing** sport on TV.
- He's interested in **doing/playing** video games.

ATIVIDADE 7 - Nem sempre estamos dispostos a fazer qualquer atividade simplesmente porque estamos cansados. Ouça a canção de Bruno Mars "The lazy song" no YouTube, no endereço: https://www.google.com/search?q=the+lazy+song+bruno+mars&rlz=1C1GCEV_enBR871BR871&oq=the+lazy+song+&aqs=chrome.2.69i57j0j69i59j0l2j69i60.5223j0j7&sourceid=chrome&ie=UTF-8

Em seguida faça o exercício abaixo:

Bruno Mars – The Lazy Song

1) What are these objects? Write the correct name underneath the picture.



2) Listen to the song and fill the blanks using the vocabulary above.

Today I don't feel like doing anything
 I just wanna lay in my **a)** _____
 Don't feel like picking up my **b)** _____, so leave a **c)** _____ at the tone
 'Cause today I swear I'm not doing anything
 Uh, I'm gonna kick my **d)** _____ up then stare at the fan
 Turn the TV on, throw my hand in my pants
 Nobody's gon' tell me I can't
 I'll be lounging on the **e)** _____ just chilling in my snuggie
 Click to MTV so they can teach me how to dugie
 'Cause in my **f)** _____ I'm the freaking man
 Oh yes, I said it I said it
 I said it 'cause I can

“|| dolce far niente The sweetness of doing nothing”

Italian

A expressão italiana “Dolce far niente” significa a doçura de não fazer nada ou “the sweetness of doing nothing”, em inglês. Por que não fazer nada, em alguns momentos de nossa vida pode ser importante? Use palavras soltas, em inglês, que sintetizem a sua resposta.

ATIVIDADE 8 - Leia o texto sobre a rotina de Leonard Stevenson e responda às questões em seguida:



This is Leonard Stevenson. He gets up at five thirty every day. Then he takes a shower and at six o'clock he has his breakfast. At six fifteen he leaves home. He goes to work by bike.

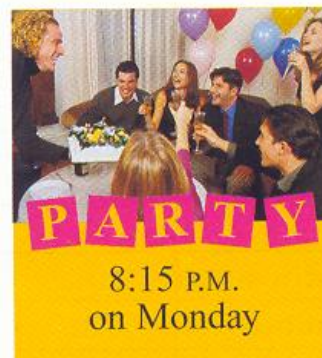
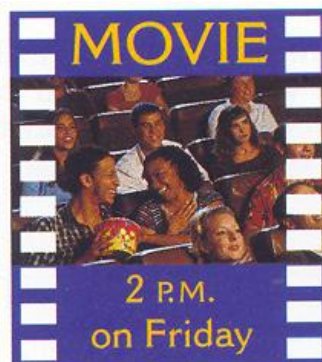
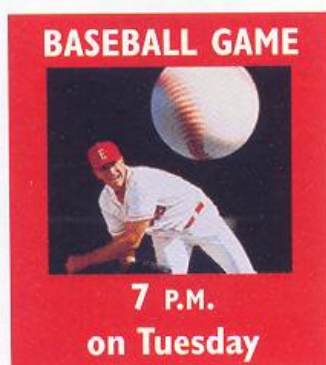
At midday he has lunch. He works till six p.m. and then, he comes back home. He arrives home at six fifty.

At night, he has dinner and watches TV. He usually watches soap operas and films. He loves them! He goes to bed at midnight.

- 1) What's his name? _____.
- 2) What time does he get up every day? _____.
- 3) What does he do after getting up? _____.
- 4) What time does he leave home for work ? _____.
- 5) What time does he have lunch? _____.
- 6) Does he work till 7 o' clock? _____.
- 7) What time does he come back home? _____.
- 8) What does he do at night? _____.
- 9) What does he usually watch on TV? _____.
- 10) What time does he go to bed? _____.

Você acha que Leonard tem boa qualidade de vida? Justifique sua resposta.

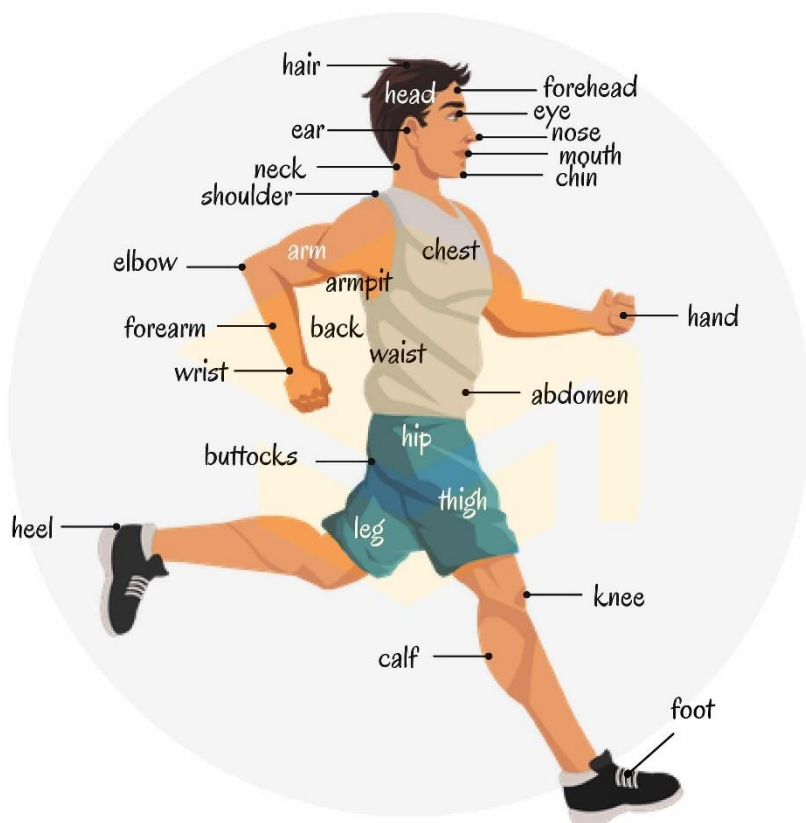
ATIVIDADE 9 - Olhe para os quadros abaixo e complete as sentenças:



The baseball game is at _____ on Tuesday.

The picnic is at _____ on Saturday.

The concert is at _____ on Wednesday.



ATIVIDADE 10 - Paul é um atleta. Observe os nomes das partes do corpo dele. Liste, em inglês, as partes do corpo dele mais necessárias para a prática da corrida:

ATIVIDADE 11 - O conceito de saúde está relacionado ao bem-estar, ou seja, a percepção de qualidade de vida que as pessoas têm e não somente à ausência de doenças. Leia o texto abaixo e faça os exercícios sobre o entendimento do mesmo.

Health is a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity, according to the World Health Organization (WHO). Physical is about the body. Mental is about how people think and feel. Social talks about how people live with other people. It is about family, work, school, and friends. Physical health refers to good body health, and is the result of regular exercise, proper diet and nutrition, and proper rest for physical recovery. A good way of knowing if a group of people is healthy is their weight, which generally increases with better nutrition. Mental health refers to a person's emotional and psychological well-being. A state of emotional and psychological well-being in which an individual is able to use his or her thinking and emotional (feeling) abilities, function in society, and meet the ordinary demands of everyday life.



Vocabulary:

Well-being: bem-estar

Infirmity: enfermidade

Demands: exigências

Health: saúde

Disponível em: <https://thriveglobal.com/stories/corporate-well-being-and-why-you-need-to-care/> Acesso em: 13/11/2019.

Answer the questions - responda as perguntas

A. What is the definition of health?

B. What is the difference between physical health and mental health?

Mark True or False - Verdadeiro ou falso

A. A good way of knowing if a group of people is healthy is their weight. (...)

B. Physical health refers to a person's emotional and psychological well-being. (...)





















C. Physical health is the result of regular exercise, proper diet and nutrition, and proper rest for physical recovery. (...)

D. Mental health is the emotional health. (...)







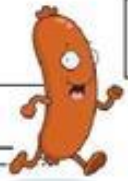


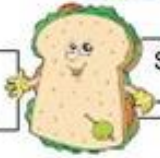






ATIVIDADE 13 - Fazer dieta é uma das formas de cuidar da saúde e bem-estar. Verifique quais são os alimentos saudáveis e quais não são, escrevendo o nome de cada um no quadro abaixo:

GOOD FOOD ???

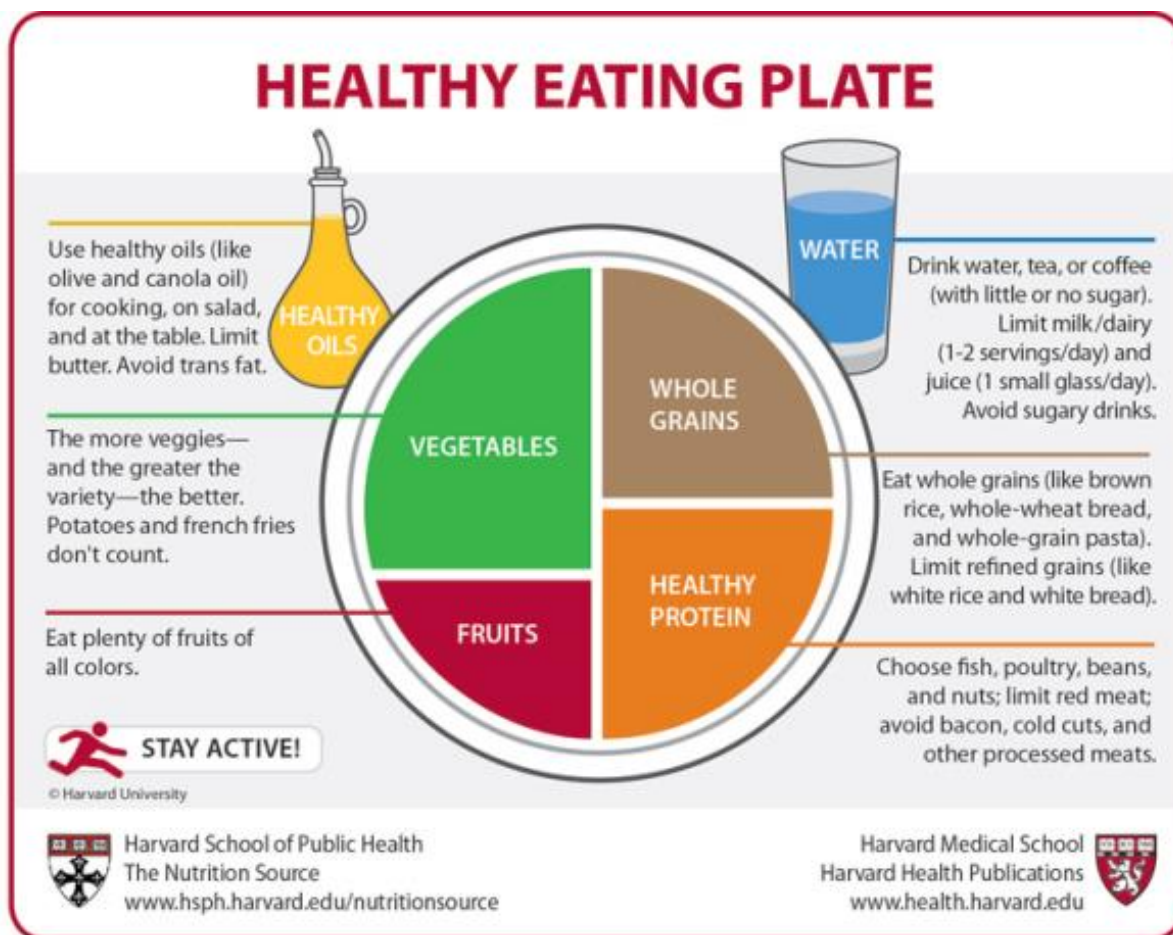
It's healthy to eat five portions of fruit or vegetables a day. Rearrange the letters to spell the name of the fruit or vegetable in the picture.

 <u>NABANA</u>	 <u>COLIBROC</u>	 <u>LAPEP</u>	 <u>BUMCUCER</u>
 <u>ECUTTEL</u>	 <u>BESTWARRRY</u>	 <u>GROANE</u>	 <u>GANEGTPL</u>
 <u>PARGES</u>	 <u>FOULLICAWER</u>	 <u>MWNTERALO</u>	 <u>APRE</u>
 <u>RRAOCT</u>	 <u>SRDDIHA</u>	 <u>AGAPASRUS</u>	 <u>MOOMRUSH</u>
 <u>IIWK</u>	 <u>SRRYRBP AE</u>	 <u>OTOPATES</u>	 <u>SHERRICE</u>

JUNK FOOD is food that is not good for you because it has too much fat or sugar. Rearrange the letter of these 'unhealthy' foods. It's OK to eat them occasionally, but not too often!!!

 <u>RRGBAEMUH</u>	 <u>SPHIC</u>	 <u>GOTODH</u>	 <u>UHGONU DT</u>
 <u>CIAREMCE</u>	 <u>ZPAZI</u>	 <u>AGASUSE</u>	 <u>CCOATLHOE</u>
 <u>CPRONPO</u>	 <u>SAIWDHNCSE</u>	 <u>CCAEPKUS</u>	
 <u>CSIKOEO</u>	 <u>EETWSS</u>	 <u>CEKPHTU</u>	 <u>OADS</u>
			 <u>DAESUNS</u>

Há orientações feitas por médicos, nutricionistas e outros profissionais da área da saúde sobre como uma dieta pode ser saudável. Observe o diagrama abaixo e responda às questões:



Mark T (true) ou F (false):

- a) It's advisable to drink at least three glasses of juice every day. ()
- b) It's good eat different fruits. ()
- c) Fish, beans and nuts are healthy protein and bacon and processed meats aren't. ()
- d) It's not good to use oil for cooking. ()
- e) I's advisable to avoid butter and trans fat. ()

Além de seguir a orientação da Harvard Medical School sobre o que seria uma dieta saudável diária, o que mais uma pessoa que quisesse adotar um estilo de vida saudável poderia fazer? Tente responder à questão usando quaisquer palavras do retângulo abaixo:

stay sleep active 8 hours a night meditation work out enjoy the nature
practise

ATIVIDADE 14 – A higiene pessoal também é parte importante de nos mantermos bem e saudáveis. Para isso, precisamos cultivar hábitos importantes. Complete o exercício abaixo e em seguida, escreva frases com a estrutura “I wash my _____ every day” (eu lavo meu(s)/minha(s) _____ todos os dias):

I wash my _____ every day...

Personal hygiene

perfume toothbrush
deodorant towels
scissors shower
tooth paste soap shampoo
nail clipper

1. Complete the sentences.

1. It's _____.
2. It's _____.
3. It's _____.
4. It's _____.
5. It's _____.
6. It's _____.
7. It's _____.
8. It's _____.
9. It's _____.
10. It's _____.

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ATIVIDADE 15 - Observe as orientações sobre higiene pessoal abaixo, para, em seguida, numerar cada uma das figuras de acordo com as ações corretas:

Good personal hygiene habits include:

- washing the body often;
- cleaning the teeth at least once a day. Brushing the teeth after each meal is the best way of making sure that gum disease and tooth decay are avoided. It is very important to clean teeth after breakfast and immediately before going to bed;
- washing the hair with soap or shampoo at least once a week;
- washing hands with soap after going to the toilet;
- washing hands with soap before preparing and/or eating food. During normal daily activities, such as working and playing, disease causing germs may get onto the hands and under the nails. If the germs are not washed off before preparing food or eating, they may get onto the food;
- changing into clean clothes. Dirty clothes should be washed with laundry soap before wearing them again
- hanging clothes in the sun to dry. The sun's rays will kill some disease-causing germs and parasites
- turning away from other people and covering the nose and mouth with a tissue or the hand when coughing or sneezing. If this is not done, droplets of liquid containing germs from the nose and mouth will be spread in the air and other people can breathe them in, or the droplets can get onto food.

Glossary:

To wash =lavar.

To clean = limpar.

Gum disease = doença de gengiva.

Dirty clothes = roupas sujas.

To brush = escovar.

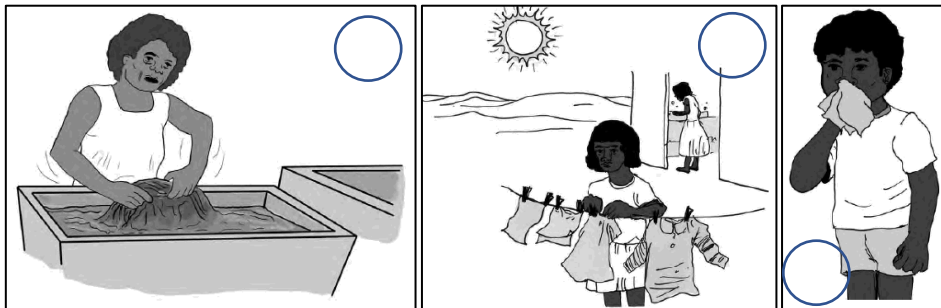
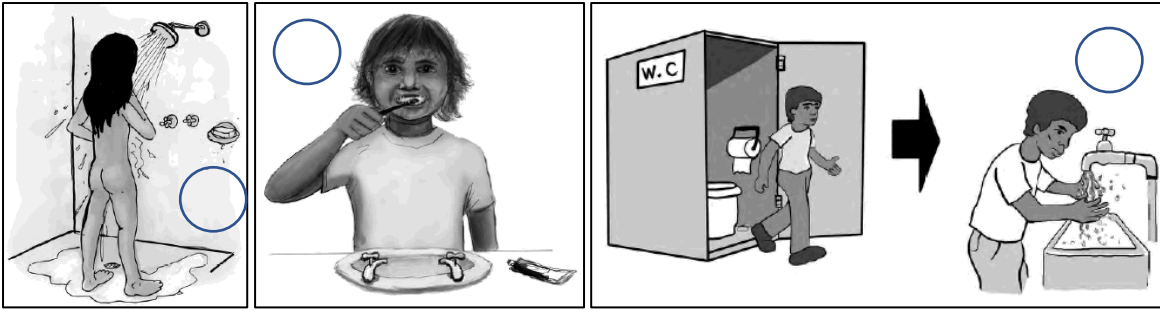
Tooth decay = cárie.

Disease-causing germs = germes que causam doenças.

To hang clothes = pendurar roupas.

To breathe = respirar.

To cover the nose = cobrir o nariz.



- 1) Washing hands after going to the toilet helps stop the spread of germs.
- 2) Washing the body helps keep it free of disease-causing germs.
- 3) Cleaning teeth helps keep gums and teeth healthy.
- 4) Covering the nose and mouth when sneezing helps stop the spread of germs.
- 5) Washing clothes helps keep them free of disease-causing germs.
- 6) Hanging clothes in the sun helps to kill some disease-causing germs and parasites.
- 7) Washing hands before eating food helps stop germs getting into our bodies.
- 8) Washing hands before preparing food helps keep germs out of our bodies.

ATIVIDADE 16 – Vamos falar ainda um pouco sobre tempo livre e o que podemos fazer nesses momentos. Leia as perguntas a seguir e ligue às respostas corretas.



1) Do you have any hobbies?

2) What do you do in your free time?

3) Do you play any sports?

4) Is photography interesting? 7

5) Do you like indoor activities?

6) What's your favorite sport?

My favorite sport is tennis. I just love it.

No, I prefer outdoor activities.

Yes, I do. I play basketball and tennis.

I cook, read and surf the internet.

I think it is.

Yes, I do. My hobbies are collecting stamps and swimming.

ATIVIDADE 17 – Veja esse cartão postal enviado por Alice da viagem que está fazendo em Alanya, na Turquia. Escolha as frases corretas para preencher o cartão corretamente.

Holiday Postcard 26

Alice is on holiday in Alanya with her parents and brother. Read her postcard and fill in the missing sentences. Two sentences do not fit.

Dear Ivan,

1)..... We're in a beautiful seaside town called Alanya. It's on the south coast of Turkey. We're staying at a small hotel near an indoor market.

2) The sun's shining and it's very hot. Robert is learning to scuba dive. Mum's visiting the market-she loves shopping but the market is too crowded for me. Dad's taking photographs of an ancient temple near our hotel. He likes old buildings but I find them boring.

3)..... It has some lovely restaurants. My favourite one has delicious fresh shrimps. After dinner we usually go for a walk around the town or have a cup of coffee in one of the great cafés here.

4)

Bye for now,
Alice



Ivan Pietrovitch
Lesnaya d.6 kv.4
Moskva 13246
Russian Federation

A) I miss you! See you in two weeks.
B) Alanya is a wonderful place for a holiday.
C) I'm in the mountains.
D) Right now, I'm sitting on a beautiful beach.
E) It's raining all the time.
F) I'm having a fantastic time here.



ALANYA
Turkey

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